# EDRM 113: STUDY AND RESEARCH METHODS

# Final Exam

Instructions:  
- Answer all questions.  
- Time allowed: 2 hours.  
- Write neatly and concisely.

## Section A: Multiple Choice Questions (10 Marks)

Choose the correct answer for each question.

1. What is the best definition of study according to the notes?

a) Reading books only

b) Applying the mind to learning and understanding a subject

c) Attending lectures and taking notes

d) Memorizing facts for exams

2. Which of the following is NOT a factor of success in studying/learning?

a) Personal characteristics

b) Classroom atmosphere

c) Watching television

d) Study material

3. The self-concept consists of which three components?

a) Physical self, Social self, Personal self

b) Emotional self, Mental self, Physical self

c) Personal self, Academic self, Family self

d) Social self, Emotional self, Professional self

4. What are the two types of motivation mentioned in the notes?

a) Active and Passive motivation

b) Primary and Secondary motivation

c) Intrinsic and Extrinsic motivation

d) Direct and Indirect motivation

5. Which method of learning is more effective?

a) Passive method

b) Active method

c) Reading without taking notes

d) Memorizing without understanding

## Section B: Short Answer Questions (20 Marks)

11. Define 'self-fulfilling prophecy' and explain how it affects students' academic performance.

12. What are three characteristics of an effective classroom atmosphere?

13. Explain the difference between short-term memory and long-term memory.

14. Describe two methods students can use to improve their note-taking skills.

15. List and explain three study techniques that help students retain information effectively.

16. What are two advantages of summarizing a book instead of reading it word for word?

17. What is the importance of humility in learning?

18. Name and describe three types of attendance required in a learning environment.

19. How does fatigue affect exam performance?

20. Explain why it is important to have a study schedule.

## Section C: Essay Questions (20 Marks)

Choose any TWO questions and answer in detail. Each question is worth 10 marks.

21. Discuss the role of motivation in learning. Include the difference between primary and secondary motivation with examples.

22. Explain the process of reviewing for exams effectively. What are the key strategies a student should use to prepare?

23. Discuss the importance of a library in academic success. How can students maximize their use of library resources?

24. Describe the impact of perception and thought in the learning process. How do they contribute to a student's academic success?